



**Spring Break Muscle Kid Camp**  
**Thoroughbred Gymnastics, Inc**  
**41 N Main St, Winchester KY**  
**(859) 744-7068**  
**April 2 thru April 6, 2012**



Looking for something for your kids to do spring break? Well, we've got just the thing for you! See what exciting things are happening at Thoroughbred Gymnastics during Spring Break!

8am-9: Check in & Breakfast  
 9 - 10:30: warm up & trampoline/gymnastic basics  
 10:30 - 12:00 Open Gym, Work on goals  
 12:00 - 1:30 Lunch/ Quiet time /  
 1:30-3:00: Open Gym/ Work on goals  
 3:00-4:00: Skills practice and individual instruction.  
 4:00-4:30: Snack  
 4:30-5:30: Quiet time/Games/ Craft until pick up

Prices for the week  
 Members: \$135  
 Non-members: \$145  
 Daily rate:  
 Members: \$40.00  
 Non-Members \$45.00  
 \$10 discount for siblings  
 Pay by March 26th and receive a  
 \$5 discount!

Friday we will wrap up with an in house gymnastics triathlon, complete with an awards ceremony & party!

M	MON	TUE	WED	THURS	FRI
E	Pancakes & sausage	Cereal & toast	Scrambled eggs with bacon & toast	Biscuits & gravy	Breakfast burritos
N					
U	Chili, PB sand & fruit cocktail	Tacos, beans & pineapples	Spag., green beans, garlic toast & peas	Hot dogs, fries, peas & applesauce	Pizza, salad & oranges

Please detach and return with \$50 non-refundable deposit.

Muscle Kid Camp

Name \_\_\_\_\_

Address \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Phone \_\_\_\_\_

Member \$

Non-member \$

**WARNING OF RISK**

Gymnastics, cheerleading, tumbling and trampoline are inherent risky sports. No matter how careful the students and instructors are, no matter the number and experience of the spotters, no matter what height is used or the landing mat, the risk cannot be eliminated. Reduced, yes, but never eliminated. The risk of injury includes bruises and lacerations and more serious injury such as broken bones, dislocations and muscle or ligament tears. The risk also includes catastrophic injuries such as permanent paralysis or even death from landings or falls on the back, stomach, and/or head.

Thoroughbred does not carry medical insurance on their students. By participating in our program Thoroughbred assumes that the customer is covered by their own medical insurance or is financially responsible for any accident incurred by the student or customer on the premises of Thoroughbred Gymnastics Inc. or under the care of a Thoroughbred employee.

I have read the above information and understand the inherent risk of injury when participating in an activity at Thoroughbred Gymnastics Inc. I will discuss the importance of listening and following the direction of the staff with my child.

Parent or Guardian's Signature Date \_\_\_\_\_

Child's Name \_\_\_\_\_